

Do you have a HEART CONDITION?

People with a heart condition **may** need a dose of antibiotics prior to certain procedures including dental work. This is to protect their heart.



Ask your healthcare provider for this card



General Advice

1. Clean teeth regularly using manual or powered toothbrushes and floss.

Hospital medical check-ups DO NOT replace visits to your local dental professional.

2. Avoid sugary foods and drinks to reduce the need for dental treatment.
3. Have regular dental check-ups to help keep teeth and gums healthy.
4. Use a mouth guard for contact sports to help protect teeth.



Show this card to any Doctor or Dental Professional BEFORE any treatment is started.



Advice to Prevent Infective Endocarditis

It is important to protect your heart. Show this to your Doctor and Dental Professional.

Please carry this card with you.

Name

Heart Condition

This heart condition requires antibacterial (antibiotic) protection before some dental and surgical procedures.

GP

Hospital Doctor / Specialist

Information for Doctors and Dental Professionals.

This patient is at risk of infective endocarditis and may require prophylaxis.

Antibiotic prophylaxis is recommended in patients with the following cardiac conditions:

- rheumatic heart disease in high-risk patients;
 - Aboriginal and Torres Strait Islander Australians
 - Maori and Pacific Islander people, and
 - Migrant groups from high risk areas (where ARF/RHD is prevalent)
- prosthetic cardiac valve
- prosthetic material used for cardiac valve repair
- previous infective endocarditis
- congenital heart disease *but* only if it involves:
 - unrepaired cyanotic defects, including palliative shunts and conduits
 - completely repaired defects with prosthetic material or devices, whether placed by surgery or catheter intervention, during the first 6 months after the procedure

(afterwhich the prosthetic material is likely to have been endothelialised)

- repaired defects with residual defects at or adjacent to the site of a prosthetic patch or device (which inhibit endothelialisation)

When they are undergoing certain procedures, for example:

- Dental procedures
 - that involve manipulation of the gingival tissue or the periapical region of teeth or perforation of the oral mucosa
- Upper (ENT) and lower respiratory tract procedures
 - Including Tonsillectomy and Adenoidectomy
- Genitourinary & Gastrointestinal procedures

For further and up-to-date Infective Endocarditis prophylaxis treatment refer to the *Therapeutic Guidelines - eTG complete* (available also via CKN)

For information on Acute Rheumatic Fever (ARF) and its subsequent Rheumatic Heart Disease (RHD):

- www.RHDAustralia.org.au
 - online clinical education modules and many other resources
- The *Australian Guideline for prevention, diagnosis and management of acute rheumatic fever and rheumatic heart disease*
 - available as an up-to-date app via App Store and Play Store