



**NOTHIN'  
DEADLY**

**ABOUT A SORE THROAT**

**BE SMART  
PROTECT YOUR  
HEART**





Hi Benny! I heard you have been sick with Rheumatic Fever?



Benny joins his friends by the campfire.



Are you ok now?







Back home after a day of fishing.

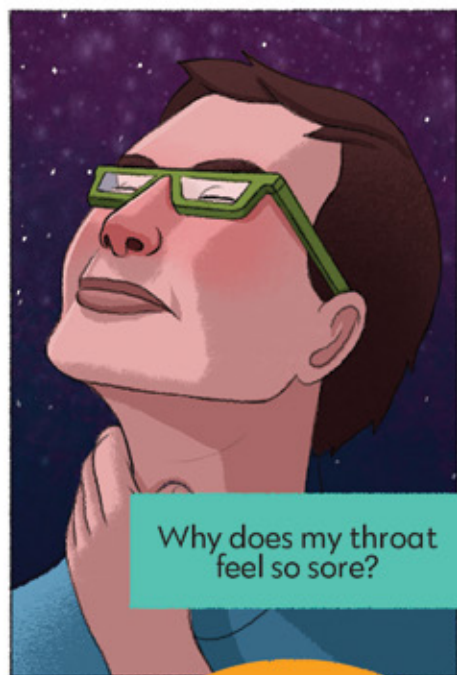


What's wrong Benny? Do you have a sore throat?

Yes, Auntie May, I have a really sore throat.



Why does my throat feel so sore?



Go to the doctors Benny and get it looked at.



Yeah, I will.

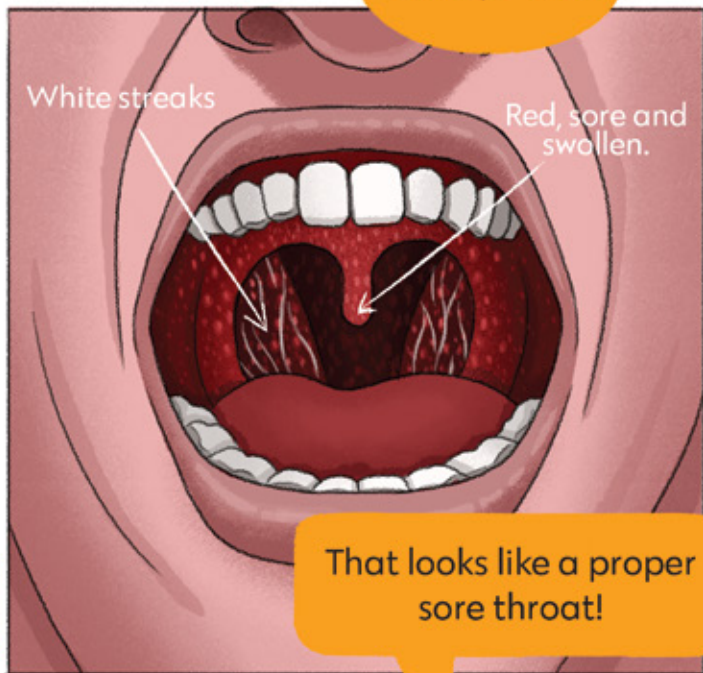
The Next day at the doctors.



I went to the doctors. They checked my throat and gave me tablets.

White streaks

Red, sore and swollen.



That looks like a proper sore throat!



A sore throat can cause Rheumatic Fever!

Benny, you have a bad strep throat infection. You need to take all of these tablets like it says on the bottle. This will kill the strep germ completely, and will make sure you don't get Rheumatic Fever.



But I never finished taking them...



Why Benny?



A few weeks later I got sick. My joints were very sore, and I was very hot. I couldn't do anything.



Because I felt better, but I didn't know the germs were not all out of my body yet.







I called my Aunty May who took me to the clinic



When I got there, the doctor did some tests and did not have good news.

Rheumatic Fever can damage your heart!

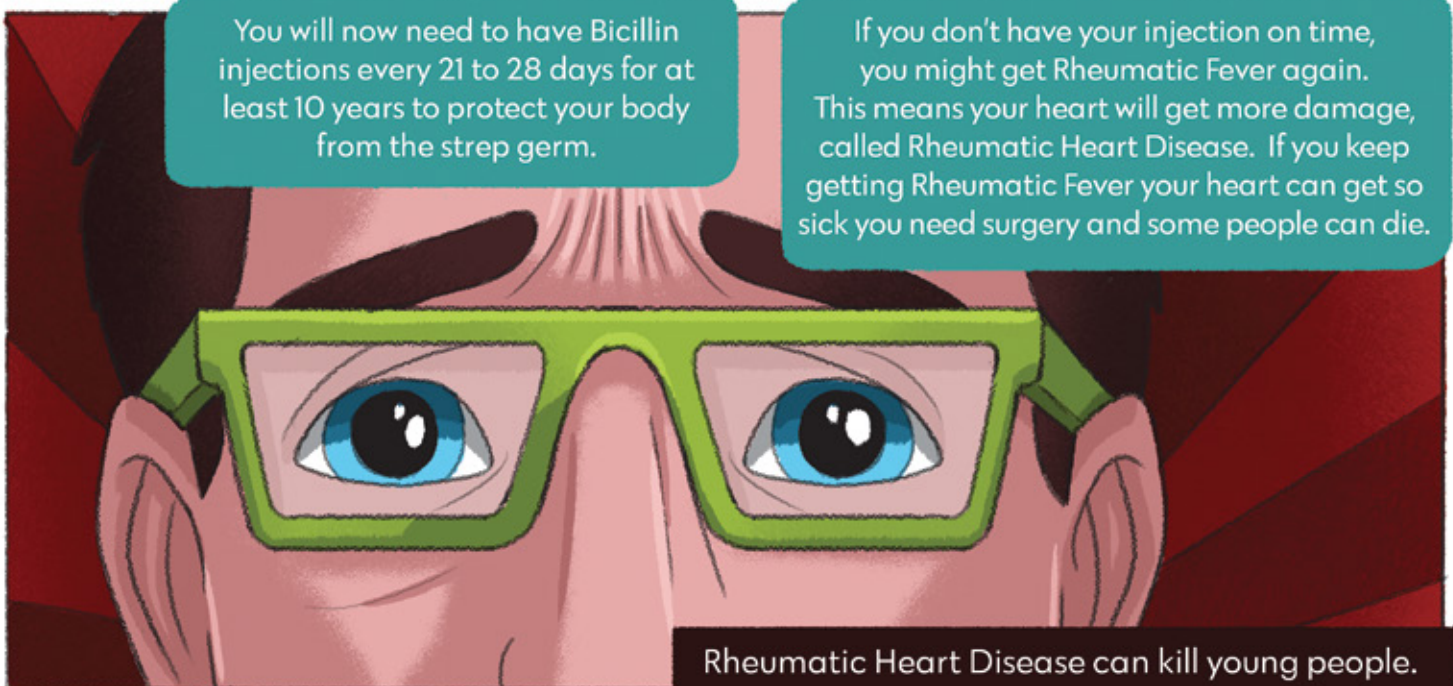


Well Benny, because you didn't take all of your tablets, not all of the strep germs were killed off.

Your body kept fighting, and you have developed Rheumatic Fever that has caused some damage to your heart.



The valves of Benny's heart are now swollen and scarred making it a little harder for the blood to flow.



You will now need to have Bicillin injections every 21 to 28 days for at least 10 years to protect your body from the strep germ.

If you don't have your injection on time, you might get Rheumatic Fever again. This means your heart will get more damage, called Rheumatic Heart Disease. If you keep getting Rheumatic Fever your heart can get so sick you need surgery and some people can die.

Rheumatic Heart Disease can kill young people.





A clean body is a strong body.



The Doctor said to keep ourselves and our houses clean to reduce the Strep Germ.

Shower every day, wash your clothes regularly and brush your teeth twice a day. The strep germ in skin sores and sore throats can cause Rheumatic Fever.

Medication can kill the strep germs in your body.

There is medication that can help kill the strep germ. Rheumatic Fever can be avoided. Now I get my injections every 21-28 days so I won't get the Rheumatic Fever back. If one of your family or friends gets a sore throat, or skin sores tell them to go to the clinic for a check-up. Better to get it checked out, than get Rheumatic Fever!







For more information contact

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